

ALUUC Covenant Group Sign Up

Covenant Groups meet regularly to share thoughts on selected topics within a spiritual context. Benefits include helping individuals build stronger relationships within the ALUUC community, experience a great sense of belonging, and feel supported in their spiritual journeys.

Covenant groups generally start in September and may continue through December or May, usually meeting twice a month. Covenant groups depend on regular sharing by all members. It's important to make a commitment to attend faithfully, although we understand that illness or other unforeseen circumstances can arise. All groups meet at ALUUC.

We schedule groups and assign participants based on the availability of trained facilitators and to maintain between 6 and 10 participants per group. We regret that we may not be able to assign everyone to a group if other participants and a facilitator are not available during selected days and times. Most popular are Sunday afternoons and weekday evenings. Couples are discouraged from participating in the same covenant group.

(Please keep the above for your reference if you wish.)

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Name _____

Email _____

Phone _____

Days and Times you can commit to meet

Please mark the days and times below that you can **regularly commit to meet**.

Specific dates when you can't participate

Examples: "I can't meet on the third Thursday." Or "I will be out of town November 20 through 24."

Sunday Afternoon _____

Monday Evening _____

Tuesday Evening _____

Thursday Evening _____

Please return completed form to Stu Jacobsen, Lisa Udel or Elaine Gambiani.

Questions? Email covenantgroups@aluuc.org or call Stu at 217-498-7223.