As I make my final preparations for my upcoming “Odyssey,” I’ve been skimming through various older articles, using them as a window to peer into former insights and challenges. I came across this one, originally published in FOCUS in November 2005. The theme still seems pertinent so I will submit it now for your consideration, fourteen years after its composition.

An elderly neighbor of mine held a substantial sale today; she is giving up her house and moving into a retirement home. A stream of strangers rummaged through her dwindling possessions, handling one item after another and asking, “how much?”

That scene reminded me of the time, two years ago, when Angela & I were house hunting here in Springfield; we were shown one home that belonged to another elderly widow. She and her late husband had built their house themselves after WWII. But she too was being forced by circumstances to give up that home. As the realtor led us through the house, she followed, like a frail shadow, sharing bittersweet details about the life she had known there.

I can think of several persons in our own congregation who have likewise had to surrender their homes and move forward into the unknown.

In the news of late one sees many people on the move, refugees from one enormous hurricane after another. Many of us are equally aware of the rising tide of homeless people in our midst, some of whom do have jobs but cannot afford a place to stay.

It is evident that many individuals, agencies and corporations are anxious to help, and have been generous in their responses when a severe crisis occurs. But how well do we as a society and as individuals respond to calamities that are less dramatic?

There is a popular saying, “It takes a village to raise a child.” If true, then surely it also takes a village to care for the infirm, the widowed, the orphaned and the aged.

I read recently that the price of heating fuel is expected to shoot up soon. Which begs the question: how will those on fixed incomes manage? Angela has ruefully remarked to me that this is a harsh country to live in if you’re old and poor. Of course, there are poor people throughout the world, and the measure of poverty is relative. And yet, some countries do seem to extend more assistance, and compassion, to their old, infirm and poor.

Could our village do more?

Sincerely, Rev. Martin Woulfe, minister@aluuc.org
**Membership Committee Update**

Things are super busy now here at ALUUC - a sure mark that we’re in the heart of Autumn! Our September Pathways class was a wonderful success, welcoming three new members: Karl Pennington, John Freml, and Joyce Geragotelis-Roughan. We’re glad to have you with us. We also had a great turn out at the Involvement Expo and Potluck. Thank you to everyone who came by to ask questions and learn more about what we do as a committee.

Reaching out and talking with members, friends, and newcomers is a great way to stay connected. Is there someone you haven't seen at the congregation lately? Now would be the perfect time to call up an old friend and invite them back to church. Ask someone out to coffee, or send a nice postcard to a newcomer you would like to see come back for another visit. Connection is vital for everyone and it's proven to be what keeps a congregation thriving. Reach out!

Sharing a meal with someone is a wonderful way to stay connected. Circle Suppers are coming up soon. Don't forget to contact Martin Woulfe if you would like to be involved either as a host or an attendee. Wonderful people come together for amazing meals and fellowship at one of our most popular events. There's something for everyone whether you like vegetarian dishes, bread, drinks, or (the best part!) dessert! Also, don't miss the Chili Cook-off on October 19th. Putting the FUN back in fundraiser. Come taste some of the best chili all while raising some dollars for ALUUC.

We'll have a Pathways to Membership class on Sunday, October 20th and Monday October 21st. If you or someone you know would like to join ALUUC, now is a great time to do so. We have so many activities going on, and there's so many cool things to choose from. Please contact either Tracy Zieber at welcome@aluuc.org or Martin Woulfe at minister@aluuc.org for more information.

**Pathways to Membership Sessions**

**Sunday, October 20**
**Session #1 Seeds: Sharing Our Stories.** This session focuses on sharing important themes and stories from our own life stories, with a special emphasis on our faith journeys.

**Monday, October 21**
**Session #2 Roots: An inside scoop on UUism and ALUUC.** This session is intended to present and discuss various themes and developments within UUism as a whole and ALUUC in particular. We will explore the Principles & Purposes, the Sources, and some important milestones.

**Session #3 Branches: Fostering Growth & Creating Connections.** This session is an opportunity for newer people to meet some of the leaders and mentors within the congregation, to discuss how one might become more active and engaged!

Looking ahead all the way to November, if you're a new member, or would like to be a new member, please consider taking part in our New Member Ceremony on November 24th. During the ceremony, which takes place during a regular Sunday morning, we formally recognize and welcome you into our congregational covenant. Also, our next Membership Committee meeting will take place on November 7th at 6:30 pm.

So much to see and do this fall.

For more information about anything please contact welcome@aluuc.org or membership@aluuc.org.

Tracy Zieber, Membership Coordinator welcome@aluuc.org
Sunday Morning Services

10:30 am

October 6, 2019
It All Began with a Hairbrush, Dee Evans, Ministerial Intern
We think about treating others with Inherent worth and dignity - but what about oneself?
Dee will reflect on age (being young and old) and applying the first UU principle to ourselves - maintaining our inherent worth and dignity when others treat us as if we don't count.
Change for Change, Birthday Song

October 13, 2019
The Spirituality of the Indigenous Peoples, Rev. Martin Woulfe
To many, Monday is an occasion to celebrate Columbus but to a growing number, it is a day to recognize the contributions of – and the devastations suffered by – the Indigenous Peoples of North America. In today's service, we will focus on the latter and why their legacy has become increasingly important to remember.
Traditional Milestones

October 20, 2019
The Spiritual Kinship Between Catholics & UUs, Rev. Martin Woulfe
I have often stated that “Catholicism prepared me to love like a Universalist and that the Jesuits taught me to think like a Unitarian.” In this service, I will share some of the ways that these two different traditions are kindred spirits – and other ways in which they diverge.
Sung Milestones

October 27, 2019
The Calling to Ministry, Pastor Silas Johnson
On this Sunday, Pastor Silas Johnson and Rev. Woulfe will conduct their 4th pulpit exchange. Pastor Silas Johnson will preach at ALUUC using several verses from the ninth chapter of First Corinthians as his springboard and Rev. Woulfe will do the same at the Calvary Missionary Baptist Church. Their focus will be the significance and consequences of being called to preach; Pastor Silas Johnson will describe his initial calling, its evolution, and its impact, over the past few decades.
There will be a festive Parade of Children in their Halloween costumes after the service.
Don’t forget to bring Candy!

November 3, 2019
Religious Absolutes & Deconstructionism, Rev. Martin Woulfe
Is there such a thing as Truth anymore? Or is there only Honesty? How does the war between “real news” versus “fake news” mirror the battle between those who advocate Absolutes in Religion, Values and Ethics with those who advocate Deconstructionism?
Change-4-Change, Birthday Song

Milestones
The Program Committee is pleased to share that Milestones will be included during the following worship services during October.

October 13 - Traditional Milestones
October 20 - Sung Milestones
October always makes me happy, and not just because it’s my birthday month. As poet W. S. Merwin put it, “I have been younger in October than in all the months of spring.” It’s a delightful time of the year, filled with fun and merriment, crisp weather and apples, and a gentle reminder that winter waits for us in a few months.

In this lovely time of year, your Religious Education program has been hard at work helping ALUUC’s youth make the most of all the year. In the Spirit Play classroom (PreK-3), students are learning about foundational UU beliefs - justice, compassion, caring for others - and traditions. They held a Water Service on the same day congregants celebrated the Water and Stone service. In October, students will be learning about John Murray (6th), the First Parish (13th), Buddha and the Mustard Seed (20th), and Samhain (27th). Don’t forget we have the Halloween Costume Parade on the 27th, so be sure your students wear their costumes!

Meanwhile, in the 3-5 World Religions group, the students are grounding themselves in the 7 Principles before embarking on a tour of the world religions. They’ll finish up their study of the Principles in early October (6th), then explore Hinduism (13th), Jainism (20th), and Sikhism (27th) the following three Sundays. These students are also reminded to costume up on the 27th in preparation for the great candy gathering.

Our 6-9 students are enjoying a thematic exploration of World Religions, currently looking at Creation Stories. In October, they will engage with Laws/Rules/Principles What is “good”? (6th); What is “bad”? (13th); Punishment and Reward in this life (20th), and Punishment and Reward in the next life (if there is one) (27th). These students, too, are invited to participate in the Costume Parade on October 27th, as we can never have too many costumes to celebrate Halloween.

The Senior Youth Group, who is embarking on a journey of self-discovery this year, has been partnered with their adult mentors and will begin their Coming of Age/Faith Identity program in earnest in October. The schedule for October is Mentor meetings on October 6; Large Group meetings on October 13; Service Attendance on October 20; and an outing/activity on October 27th TBD. Many thanks to the youth and the volunteer mentors for getting the program off to a grand start.

Adults, we’re asking you to bring a treat to pass out to the students on October 27th. Bring what you believe would best suit the youth in our congregation and fit with your attitudes and beliefs toward nutrition.

Continued on page 5
Also, if you’d like to volunteer for the RE program, we have many opportunities that do NOT involve teaching a classroom. If you missed signing up at the involvement expo in September, it’s never too late to be a part of RE. We always need:

- Substitute Teacher
- Classroom Aide
- Snack Donation
- Supplies Donation
- Special event assistance Pageant assistant
- Special event assistance Easter egg hunt
- Special event assistance Off-site field trip chaperone/transport

And, in my last shameless plug to get folks involved in RE, we desperately need board books for Spirit Play! Please bring those in and leave them in the office with my name (Pat Woods) on them or give them to me on Sunday at the service. If you bring them on the 20th, I’ll have a birthday treat to bribe you with share with you.

Pat Woods, Director of Religious Education, dre@aluuc.org

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MINISTER’S OFFICE HOURS

Monday - Off
Tuesday - 10:30 - 3:30 pm
Wednesday - 10:30 - 3:30 pm
Thursday - 10:30 - 3:30 pm
Friday - 10:30 - 3:30 pm
Saturday - Sermon Preparation Day
Sunday - Available after coffee hour

Please call to schedule an appointment during evening hours.

Rev. Woulfe will be attending a minister’s retreat in Racine, Wisconsin from September 30 until October 3. Please direct any Pastoral Care concerns during that time to the Pastoral Care Chairs, Jodi Perko or Delinda Chapman. pastoralcare@aluuc.org.

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COFFEE HOUR

Join us every Sunday morning after service for coffee and conversation!

If you are interested in helping out with Coffee Hour on Sunday, go to aluuc.org/kitchen to sign up or contact email@aluuc.org.

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FLOWERS

October 6 - Phil Gregg
October 13 - Penny Wollan-Kriel
October 20 - available
October 27 - available

As always your tax-deductible $25 donation is payable the week before the Sunday requested. Thank you!

Vi Lanum, Flower Committee, flower@aluuc.org
From Your Intern Minister

This summer I spent 50 hours a week enrolled in an educational program for chaplains - required to become a UUA minister. During the summer, I had to work some Sundays or had assignments due and the only time to do them was on Sunday. I found myself feeling really sad that I was not at my home UU congregation every Sunday. I asked myself how I was going to be able to go months without being at my congregation as an intern minister.

I am going to do just fine. After two weeks at ALUUC, I realized that what I was really missing was a UU congregation. We are a people that share a history and a set of principles that have formed us and our thinking. While we are diverse, we are all UUs.

I don’t get offended easily, but I was once offended when someone referred to UUs as her tribe. I thought it was co-opting a culture that was not hers. But now I realize what she meant. I didn’t have to explain myself when I walk in ALUUC. I didn’t have to explain what it means to stand on the side of love or to resist injustice or to treat everyone with worth and dignity or that we live in the web of interconnected existence. We may have different ideas on how to carry these things out in our lives, but most of us agree that we have to live those principles.

I learned in two weeks that ALUUC is a very welcoming congregation. You have already been generous in teaching me. I am grateful to be at ALUUC.

Sincerely, Dee Evans, intern minister intern@aluuc.org

Choir Rehearsals

“Return again, Return again, Return to the home of your soul.
Return to who you are, Return to what you are, Return to where you are born and reborn again.”
--Shlomo Carlebach, Singing the Journey, #1011

We welcome returning and new choir members to join together on Sunday mornings at 9:20 and begin singing music for services. We meet in the Fuller room for rehearsals and prepare songs for usually two services each month, except January and summer months. There are no auditions, though it is important to be able to match pitches and feel the rhythm of music from old times and new, and of different styles. Singing together is a time of uplifting joy and learning, a time to “Return to the home of your soul.”

Please feel free to contact Kathy Schultz at choir@aluuc.org for questions.

Notice of Building Usage by the Mexican Consulate

The Mexican Consulate will conduct an outreach program here from Noon on Wednesday, October 16 through 4 pm on Saturday, October 19. During this time, no other activities will be scheduled for the sanctuary. All other rooms may be utilized.
Community Events

ALUUC Flea Market Saturday, October 5th

The morning of October 5th ALUUC will be hosting a flea market! This is the perfect opportunity to empty your closets, attics, or basements of all those items you no longer need / want! Or you could sell a product if you are part of a direct marketing program. (Register at www.aluuc.org/fleamarket).

You may take advantage of this opportunity to rent a booth and sell your things or come and wander through the booths to find the perfect treasure you didn’t yet know you needed! We hope to have a fun morning and help get the word out in our community about ALUUC! Please contact Anna Sabin with any questions at fleamarket@aluuc.org.

*Rain Date October 12th

Fundraise for ALUUC While You Shop!

Are you an Amazon customer? You can help ALUUC!

When Amazon customers shop on smile.amazon.com, the AmazonSmile Foundation will donate 0.5% of the price of eligible purchases to the charitable organizations selected by customers. For example, if you make a $100 purchase, Amazon will donate 50 cents to ALUUC. Every time you make a new purchase on Amazon, be sure to start at smile.amazon.com! Learn more about how to set this up at www.aluuc.org/amazon-smile.

Shop With Scrip

Scrip is a cooperative that allows congregation members to buy gift cards to national retailers at face value, and a percentage of each card sold comes back to ALUUC. See the list of retailers here at shopwithscrip.com.

Physical scrip gift cards are sent to ALUUC; members then can pick them up and use them. Digital and Reloadable scrip gift cards are also an option.

Go to www.aluuc.org/about-aluuc/members/scrip-program for step-by-step instructions on how to register for this program. Use ALUUC’s code to join the ALUUC’s program.

Please contact Marissa DeWeese at scrip@aluuc.org for more information, and to complete your registration. Our next order deadline for physical cards is October 27.
ALUUC Social Justice Committee (SJC) Update

Sunday Service SJ Moment lets you know what you can do to promote social justice.

Environmental Justice Action

ALUUC joined others from the Springfield area (and millions of people around the world) at the Youth Climate Strike at UIS, September 18th to demand a Green New Deal and create an action plan for our community.

Social Justice Committee Retreat

SJC would like to thank Carol Kneedler for doing a wonderful job at helping us assess where we are and what we would like to work on this year. The foci for this year are Election 2020, Environmental Justice and Homelessness.

We also identified several other areas of interest where we hope to partner with existing community organizations. If you would like to work on these areas, or other social justice issues, please join us at our regular third Sunday of the month, 12 noon meeting at ALUUC or contact Nancy Derrig or Meg Evans, SJC Co-chairs.

Change 4 Change - Thanks for your most needed generosity.

**October:** ALUUC Homeless Dinners at Helping Hands Winter Warming Center. ALUUC members will again serve meals once a month on Sunday night during this winter. Arena Foods supplies the food at cost. We provide funding, drinks, utensils, desserts, service & good cheer. **Each monthly dinner costs $325 and serves 50 homeless adults.** Contributions (or sponsoring a whole $325 dinner if you can) allow us to continue this ALUUC tradition. Michelle Green has done a great job coordinating this; you will be hearing from her. Please make checks to ALUUC with “WWC dinners” noted in the memo line.

**September:** $351.64 was raised for UU Prison Ministry of Illinois

Through advocacy, education, inside ministry and congregational work, “We equip UU’s in Illinois to transform institutions and support people harmed by the prison industrial complex. Congregations are an integral part of our work at UU Prison Ministry. Congregations take our work further than we can as individuals both by participating directly with those returning to our communities in Solidarity Circles and by writing and visiting those who are locked up. We affirm this extension of our work through education and supportive events.” [www.uupmi.org](http://www.uupmi.org).

Checks can still most welcome made out to ALUUC with UUPMI noted in the memo line please.

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SJC Regular Meetings
We meet the 3rd Sunday at 12 noon in the Berkley Moore room. 
Next meeting is October 20th. All are welcome; we need You and welcome your concerns and ideas. Be the change you want to see.
Nancy Derrig and Meg Evans, SJC Co-chairs

Racial Justice Project (RJP)
This project meets on the 4th Thursday of the month, 6:30 pm, ALUUC and is open to all. We can use your input and ideas. Please contact co-chairs John Record or Lisa Udel (rjp@aluuc.org) if you would like to join us.

COMMUNITY OPPORTUNITIES FOR HELPING HOMELESSNESS
St. John’s Breadline 430 N. 5th St., Springfield, IL 62702, (217) 528-6098
Volunteers provide and serve meals weekdays 7:30 - 10:00 am or 1:30 – 4:00 pm; Shifts are also available Saturdays, Sundays and Holidays from 10:00 am – 1:30 pm. Groups welcome. http://cc.dio.org/programs/st-johns-breadline

Helping Hands 1023 E. Washington Springfield, IL 62703, (217) 522-0048
Provide a meal: http://www.helpinghandsofspringfield.org/, click the meal train picture; select and book a date. Or call 522-0048 ext. 5; Brandy. (Thanks to Delinda Chapman)

LOCAL CONTACTS FOR SOCIAL JUSTICE ACTIVITIES
Immigration Action
Many of you have asked what you can do to help the immigration situation in Springfield and on the border. SJC would like to begin an Immigration Alert Network of ALUUC members and friends interested in immigration issues. Alerts would be about both events you can attend and activities you can do. SIAN (Springfield Immigration Advocacy Network) is very busy and could use our help and numbers. If interested, contact Meg Evans.

UUANI (UU Advocacy Network of Illinois) uuani@uuani.org
Through Actions of the Week, over the past 2 years, nearly 1000 Illinois UUs have sent messages to elected officials to advocate for our UU values. UUANI is launching a program to create a Social Justice Leadership Corps, with teams from congregations participating in a 6 month program to develop our capacity for spiritually grounded and strategically effective action. Please contact us at uuani@uuani.org if you are interested or would like to nominate someone. Our connection to this group is Deb Hagan. More information and/or Email alerts www.uuani.org or www.facebook.com/UUANI.

Faith Coalition for the Common Good (FCCG)
This local association made of faith-based organizations (including ALUUC) and labor unions provides opportunities to work on Antiracism, Immigration, and Homelessness with people of different faith traditions. The work is done by 4 task forces: Education, Jobs and Economic Equity, Civic Engagement and Policy Involvement, and CUJO (Citizens United for Justice & Order). ALUUC members on these task forces would love to have you join them. www.faithcoalition-il.org or Shelley Heideman at 544-2297. Go to http://faithcoalition-il.org/what-we-do/ for a meetings calendar under News and Events.

There is strength in numbers and diversity folks. (Thanks Stu Jacobson)
ALUUC Social Justice Committee (SJC) Update

Continued from page 9

**Moms Demand Action For Gun Sense in Illinois**
Moms Demand Action is a program of Everytown for Gun Safety, the largest gun violence prevention advocacy organization in the country. [momsdemandaction.org](http://momsdemandaction.org)

**Action Illinois**
Local group created to: build a better future for our kids and grandkids; spread positive change in a world of injustice and inequality; move forward with heads high and get our voices heard and rage onward for what is right.
[https://www.facebook.com/ActionIllinois1](https://www.facebook.com/ActionIllinois1)

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ALUUC hosts our local **PFLAG chapter (Parents & Friends of Lesbians & Gays)** on the Third Monday of every month. The next meeting will be held at ALUUC on **Monday, October 21, at 7 pm**. This is a safe and confidential gathering of LGBTQ (Lesbian, Gay, Bisexual, Transgender, and Queer) people, their families, friends and allies to meet and share. This PFLAG group is open to all and welcomes your energy!

If you have not yet paid your dues for 2019, please write a check made out to PFLAG of Springfield for $3 per household and send to Rev. Martin Woulfe.

Visit our Facebook page at: [www.facebook.com/PFLAGSpringfieldIL](http://www.facebook.com/PFLAGSpringfieldIL). To contact the group by email: [pflag-springfieldil_1@juno.com](mailto:pflag-springfieldil_1@juno.com).

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**GSIA Greater Springfield Interfaith Association Welcoming Banquet**

Members and Friends of ALUUC are invited to join with the Interfaith Community on **Tuesday, October 15** as GSIA hosts its annual Welcoming Banquet.

This is a vegetarian pot luck and will be hosted by the Douglas Avenue Methodist Church from 11:45 am - 1:30 pm. Rabbi Barry Marks will share a reflection on the forty-year legacy of GSIA. Please bring a dish to share; some refreshments will be provided by our host.

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**Pastoral Care**
Do you know someone who would benefit from a friendly call or visit? Someone undergoing surgery or hospitalization, or recovering from either? Someone who would appreciate a meal?
Please notify one of the co-chairs of the Pastoral Care Committee, Delinda Chapman or Jodi Perko, or Rev. Woulfe. If you would like to join the Pastoral Care Team, let us know! [pastoralcare@aluuc.org](mailto:pastoralcare@aluuc.org)
Don’t miss ... *The award-winning documentary*

**HOW TO DIE IN OREGON**

**Sunday October 13, 2019 • 2:00 pm**

Abraham Lincoln Unitarian Universalist Congregation

745 Woodside Road • Springfield, IL

Even with the best palliative care, the diseases that kill us often cause intolerable pain and suffering. That’s why Illinois needs medical aid-in-dying authorization like in California, Colorado, Hawaii, Maine, Montana, New Jersey, Oregon, Vermont, Washington and the District of Columbia.

Medical aid-in-dying is only for terminally ill, mentally competent adults. If you’re terminally ill... if you’re a mentally competent adult...if you so choose...you should have the right to the means to a peaceful, easy death. Your doctors and loved ones should be able to help you.

“How to Die in Oregon” follows several terminally ill Oregon residents who take advantage of Oregon’s Death with Dignity medical aid-in-dying law. The award-winning film also follows the 2008 campaign to establish this essential option in the state of Washington.

**Free admission**

**Discussion with Q & A**

to follow the film

*Sponsored by:*

**Compassion & Choices**
compassionandchoices.org

**Final Options Illinois**
finaloptionsillinois.org

**ACLU Illinois**
www.aclu-il.org

**For further information call 217-679-7211**
**ALUUC Fellowship Events**

**Adult RE Class - The Power of Myth**
**October 16, 23 & 30, and November 6**
**6 PM @ ALUUC (room to be assigned)**

In 1988, Bill Moyers and Joseph Campbell joined together for a series of celebrated conversations about the influence of mythology upon the larger cultures of the world and personal lives. Originally broadcast on PBS, this series was hailed as a tour de force. Presented by Rev. Woulfe, attendees will view one episode each week and then reflect on its relevance. This series will conclude just before Rev. Rebecca Armstrong, a noted scholar on Joseph Campbell, speaks here on **November 10**. Sign up sheets are available during the service and by the drinking fountain.

**October 16**: "The First Storytellers"
**October 23**: "Sacrifice and Bliss"
**October 30**: "Love and the Goddess"
**November 6**: "Masks of Eternity"

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**Chili Cookoff at ALUUC Saturday, October 19 - Doors Open at 6pm**

Is your chili “The Best Chili”? Do you like to eat chili? **Then come to ALUUC’s 2nd EVER Chili Cookoff on Saturday, October 19th!**

- Doors Open at 6pm, with Chili tasting to begin immediately.
- There will be voting for the best chili, with winner(s) to be declared at 8pm.
Winner gets bragging rights and a trophy. This event costs $10 to attend. $5 for children 11-17. Children 10 and under are free.

ALUUC will provide tea, lemonade, water, and some alcoholic beverages. We will have a tip jar. We will also provide palate cleansers – tortilla chips, crackers, cheese, sour cream, milk, and some ice cream sandwiches / bars.

**To enter your Chili in the Cookoff, please do the following:**
1. Register at [www.aluuc.org/chili](http://www.aluuc.org/chili)
2. You will need to bring 1 large* crockpot of chili to the cookoff by 6:00pm on Saturday, October 19th. We will have power strips set up for those that need them.
   *By “large” we mean a good size crockpot, not one of the small ones used for things like queso.

**Questions?**
Contact Marissa DeWeese at [email@aluuc.org](mailto:email@aluuc.org).
**ALUUC Fellowship Events**

**ALUUC Drum Circle**
Drum Circle gatherings will be held twice in October in the Sanctuary at ALUUC! Beginners are welcome!

- **Sunday, October 6** - 12:15pm-1:30pm - if the weather is nice we will go outside
- **Monday, October 14** - 6:00pm-7:00pm - if the weather is nice we will go outside

If you would like to participate:
1. Contact Diana DeWeese to tell her you are going at drumming@aluuc.org OR at https://www.aluuc.org/drum
2. Let her know if you need a drum.

*Happy Drumming!*

**Sign Up for Fall Circle Suppers!**
**Friday, November 8th and Saturday, November 9th**

What better way to meet new friends than over a splendid meal, provided by all?
Please sign up if you would like to host a dinner at your house and/or attend a Supper. Once everyone has signed up, hosts and guests will be matched. Hosts generally provide the main course and their guests bring side dishes, but the real joy of the evening is found in the conversations.

If you would like to participate in a Supper, please sign up, either:
- online at https://www.aluuc.org/circle-suppers,
- the list circulated during Sunday services, OR
- on one of the clipboards posted near the drinking fountain!

We still need Coordinators for these Fall Circle Suppers!
Coordinators would match hosts and guests and send out one set of emails to the hosts and guests. Please let Martin Woulfe (minister@aluuc.org) or Marissa DeWeeese (email@aluuc.org) know if you are interested in helping coordinate - we will help you!

**Deadline to sign up is Friday, November 1.**

**SAVE THE DATE!**
**Arts and Crafts Fair**

We are changing the date of our Arts and Crafts Fair from December to November. It will be the middle of November – **Friday, November 15 & Saturday, November 16.**

If you would like to be included in the list of vendors to be invited to participate this year, please contact Diana DeWeese, Vendor Coordinator.
Groups, Classes and Committees at ALUUC

A COURSE IN MIRACLES RE CLASS

“A Course In Miracles is a self-study system of spiritual awakening that teaches the way to inner peace and awakening through the power of love and forgiveness.” - Alan Cohen

In addition to A Course In Miracles, Helen Schucman also channeled two very short additional books, (less than 50 pages combined) Psychotherapy: Purpose, Process and Practice; and The Song of Prayer: Prayer, Forgiveness and Healing. After we finished the Text portion of A Course In Miracles, we decided to read and discuss these two often overlooked books. We have begun studying Psychotherapy and expect to finish Song of Prayer by the end of October.

We are expecting to start a new study of A Course In Miracles from the beginning on November 5th. This would be the ideal time for the new student, veteran student, or simply curious to join with us and get an understanding of this philosophy.

We meet each Tuesday at 6 pm to read and discuss A Course In Miracles in the Berkley Room. For more information contact acim@aluuc.org.

HUMANIST GROUP

Craig Bailey will facilitate the ALUUC Humanist Group’s discussion of George F. Will’s book The Conservative Sensibility at 7 PM on Monday evening, October 28, at ALUUC.

“It’s time to return to the wisdom of the founding fathers, argues this sweeping political manifesto from Washington Post columnist Will. Will grounds his conservative ideology in the doctrine of inalienable rights rooted in unchanging human nature as articulated in the Declaration of Independence and the Constitution, which prescribe limited government that protects life and liberty while leaving the pursuit of happiness up to self-reliant individuals... Will centers the book on a rich, wide-ranging discussion of political philosophy... In many respects it’s a challenge to today’s populist conservatism as well: Will is pessimistic about the wisdom of voters who embrace populism and enjoins readers to embrace “the disruption [in demographics and cultural values]... that accompanies economic and cultural dynamism... ” ~ Publishers Weekly

Please contact Sarah Iaiennaro at humanistgroup@aluuc.org.

NEWS GROUP

The News Group will meet on Thursday October 10, at 7:00 pm in the Channing room. Please note that this is the 2nd Thursday rather than our usual 1st Thursday of the month. The News Group conducts an open discussion of whatever is in the news. There is no set agenda, and all are welcome to attend. For additional information please contact Kurt DeWeese, or Frank Kopecky, or email newsgroup@aluuc.org.
BOOK DISCUSSION GROUP

The ALUUC Book Group will meet on **Tuesday, October 22 at 7 PM** in the Channing Room. The book selection is *The Winter People* by Jennifer McMahon, a simmering literary thriller about ghostly secrets, dark choices, and the unbreakable bond between mothers and daughters . . . sometimes too unbreakable. Sound good for Halloween time?

We welcome anyone interested in reading a wide variety of books to join us for the 2019-2020 year.
For questions, email Martha Plog at bookgroup@aluuc.org

COMPASSION & CHOICES GROUP

Members and friends of this group are invited to join a meeting at ALUUC on **Wednesday, October 2, at 7 pm** to discuss our efforts to promote a compassionate alternative for terminally ill patients in Illinois. This is the first regular monthly meeting, which will be held on the first Wednesday of each month.

ALUUC is pleased to once again host a public viewing of the documentary *How to Die in Oregon* which will be shown here on **Sunday, October 13 beginning at 2 pm**. A discussion will follow the presentation. (See page 11 for more details.)

If you can attend, please notify Rev. Woulfe, so we will know how much snack food to bring. Thank you!

COVENANT GROUPS

Thank you to everyone that visited during the Covenant Group luncheon and signed up to participate in the upcoming Covenant Groups. Some of the groups have already started meeting. Participants will be contacted by your facilitators for meeting dates and times. The groups will continue through December or - in many cases - into May, 2020.

To learn more, visit [https://www.aluuc.org/aluuc-covenant-groups](https://www.aluuc.org/aluuc-covenant-groups), or contact Stu Jacobson, or email covenantgroups@aluuc.org.

All groups must reserve their meeting space in advance for meetings and/or events through Office Manager Cheryl Wycoff at office@aluuc.org.
# October 2019

<table>
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<th>Sun</th>
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<td>6pm A Course in Miracles</td>
<td>7pm Compassion &amp; Choices Mtg</td>
<td>6:30pm Meditation Group</td>
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<td>8am Outside Flea Market</td>
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<td>6</td>
<td>9:20am Choir Rehearsal</td>
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<td>Sunday Service Change-4-Change</td>
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<td>6pm A Course in Miracles</td>
<td>6pm ALUUC Board Meeting</td>
<td>6pm News Group</td>
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<td>12pm Drum Circle</td>
<td>7pm PFLAG Meeting</td>
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<td>11:30 am Mom’s Demand Action Meeting</td>
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<td>13</td>
<td>9:20am Choir Rehearsal</td>
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<td>Sunday Service</td>
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<td>12pm - 4pm Mexican Consulate</td>
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<td>12pm Program Com Mtg</td>
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<td>2pm Compassion &amp; Choices Movie</td>
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<td>How To Die In Oregon</td>
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<td>9:20am Choir Rehearsal</td>
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<td>Sunday Service</td>
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<td>6pm Adult RE Power of Myth Class</td>
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<td>12pm Pathways to Membership</td>
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<td>12pm Social Justice Mtg</td>
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<td>6:30pm Racial Justice Mtg</td>
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<td>9:20am Choir Rehearsal</td>
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<td>Sunday Service</td>
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<td>Costume Parade</td>
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<td>6:30pm Meditation Group</td>
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* indicates event takes place off-site. **Bold** text indicates an ALUUC-sponsored event.

Check online at [www.aluuc.org/events](http://www.aluuc.org/events) for the most up-to-date calendar.
Contact Information

Minister:
Rev. Martin Woulfe
Dee Evans

Staff:
Office Manager
Cheryl Wycoff
Accountant
Brenda Elam
Director RE
Pat Woods
Membership Coordinator
Tracy Zieber
Music
Kathy Schultz
Pianist
Bonnie Ettinger

Board of Directors:
President
Debby Hagan
Vice President
Gwen Childs
Treasurer
Elaine Gambiani
Secretary
Bob Croteau
Board Members
Michelle Green
Larry Muir
Bonnie Ettinger
Dennis Rumme
Alison Stachera

Committees of the Congregation
Committee on Ministry
Jodi Perko
Nominating Committee
Michael Plog
Endowment Committee
Frank Kopecky

Committees of the Board
Electronics & Communication
Marissa DeWeese
- Newsletter
Cheryl Wycoff & Elaine Gambiani
- Webmaster
Carol Kneedler
Facilities
Larry Muir & Kurt DeWeese
- Aesthetics
Gwen Childs
- Flower
Vi Lanum
Fellowship
TBD
- Covenant Groups
Stu Jacobson
Finance
Kurt DeWeese
Green Sanctuary
David Cation & Tony Gambiani
Long Range Planning
Debby Hagan
Membership
Anna Sabin & Dianne Roberts
Pastoral Care
Jodi Perko & Delinda Chapman
Personnel
Dianne Roberts
Program
Eric Stachera
Racial Justice Project
Lisa Udel & John Record
Religious Education (RE)
Deborah Cavanaugh-Grant
Social Justice
Nancy Derrig & Meg Evans
- Welcoming Congregations
Meg Evans & Tracy Zieber

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The Abraham Lincoln Unitarian Universalist Congregation of Springfield, IL is a religious community of individuals coming together for spiritual growth and fellowship. Whether you're looking for a church to call home or just curious about Unitarian Universalism, we invite you to get to know our congregation and the people who make it so special.

Visit us on the web at www.aluuc.org

ALUUC - Since 1953 Celebrating over 66 years of liberal religion in the Springfield area.