



**Announcements for Sunday, October 4, 2015  
Abraham Lincoln Unitarian Universalist Congregation**



Next Sunday's service is "Who Are/Aren't the Homeless and How We Do/Don't Help" by Rod Lane.

**\*\*\* HAPPENING TODAY\*\***

**Today is a Change for Change Sunday.** The recipient for October is **genHkids Coalition "Eat Real, Move More"**. **The mission of genHkids is to create a generation of healthy kids through education, empowerment, improved nourishment and increased physical activity, thereby reducing the incidence of childhood obesity and its detrimental health effects.**

From 1970 to 2010, Americans have shifted their food spending habits — instead of purchasing food that we prepare from scratch at home, we now spend a majority of our food dollars on prepared food. Since kids are now moving less, the Springfield genHkids Coalition organizes fun events to encourage increased movement. Programs such as school and community gardens, preparation of nutritious foods and school activities are funded primarily through small local donors. To find out more, go to <http://genh.org/>

If anyone needs to update or provide new personal information which includes final wishes, please use the **ALUUC Confidential Record** printed on green paper. Copies are on the hallway table near the Sanctuary doors. Completed forms should be given to Rev. Woulfe or placed in his mailbox in the office.

**\*\*\* COMING SOON \*\*\***

**The Greater Springfield Interfaith Association** will hold its annual Fall Welcoming Banquet on Tuesday, October 6, 11:45 AM – 1:30 PM at ALUUC. This Vegetarian Potluck is open to members and friends as well as local interfaith leaders. Please bring a dish to share. Our guest speaker is Dusty Rhodes who will share stories from her "Black & White" series featured on WUIS.

**The News Covenant Group** ordinarily meets on the first Thursday of the month, but for October it will meet on October 8, instead. (This is to avoid conflict with the Trash and Treasure sale.) Join us on Thursday, October 8 at 7:00 p.m. at Renata and Heiko Buchloh's, 7901 Hunt Road. Everyone is welcome. Call Renata or Heiko at 585-1944 if you have any questions.

On Sunday, October 11th, the **Green Sanctuary Committee** will be collecting seeds at Lincoln Land Community College. We will carpool after the service. The seed will be used to enhance our prairie restoration at ALUUC. Please help if you can. Contact Becky Croteau or Meg Evans Lazare for further information.

**UU Women's Connection Fall Retreat, October 9-11, 2015, DeKoven Center, Racine, WI**  
**A RED TENT WEEKEND with Dr. Isadora Gabrielle Leidenfrost**

During our weekend with Dr. Isadora, we will see her groundbreaking documentary "Things We Don't Talk About" that shows how the Red Tent, a red fabric space, is empowering women. The film documents the things women hide, the things that bring them pain and joy, and for many it is a place to be honest for the first time in their life. "Things We Don't Talk About" seeks to humanize the stories in the red tent — to put a face on the space. Read more at [redtentmovie.com](http://redtentmovie.com). You won't want to miss this! **For more details go to:**

<http://www.uuwomensconnection.org/>. You can register online or by mail. To register online, go to [uuwomensconnection.org](http://www.uuwomensconnection.org/) and click on the drop down tab RETREATS. For questions, you can ask Tracy Zieber Minks, Buffy Lael-Wolf, Brenda Wade or Diana DeWeese.

**Pathway to Membership:** Are you interested in becoming a member of ALUUC, or possibly just learning more about ALUUC and Unitarian Universalism? This session – Seeds – will focus on sharing important themes and stories from our life journey, with special emphasis on our faith or spiritual journeys. This class will be held October 12 at 7pm at ALUUC. Sign up for the class by contacting Susan Solon at [welcome@aluuc.org](mailto:welcome@aluuc.org)

**Love UR World Summit:** Tuesday, October 13, 4:30 – 7 PM at South Wind Park, 2965 S. 2<sup>nd</sup> Street. This is a family-friendly environmental event with opportunities to learn about how to better care for the earth. Supported by ALUUC Social Action Committee and co-hosted by Girl Scout Troop 6195. Contact Meg Evans for details. Posters are placed on the bulletin board by the front door and on the Community bulletin board.

**The new hike date** is Saturday, 10/17, approximately 10:30 AM - 12:30 PM, hike specifics to be announced soon. See Jim Curran for details.

**Conflict Management Workshops - Save these dates:** Saturday morning, October 24 from 9:30 to 12:30 at the Chatham United Methodist Church, 104 W. Chestnut St. – south side of the Chatham Village Square, and Sunday afternoon, October 25 from 12:30 to 3:30 at ALUUC. The Rev. Barbara Child will be leading workshops open to all members and friends to improve our understanding of conflict in congregations and help us build skills to interact with conflict in ways that honor our congregational Covenant of Right Relations. Rev. Child is a retired UU minister who has many years of experience in helping congregations manage conflict. She will also preach the sermon on Sunday morning, October 25. Participants in the workshops must register. Virginia Forrer will have a signup sheet this Sunday.

**The Legacy Wall Traveling LGBT History Exhibit** is open to the public October 2-28 at the Illinois State Library during normal business hours and is free. The Legacy Project is an award winning Chicago based non-profit committed to researching and celebrating the contributions of Lesbian, Gay, Bisexual and Transgender people have made to world history and culture. ALUUC and PFLAG support this exhibit and encourage you to visit. Read more at [www.legacyprojectchicago.org](http://www.legacyprojectchicago.org)

**\*\*This Week at a Glance \*\***

<u>DATE</u>	<u>EVENT</u>	<u>Time</u>	<u>Room</u>
Sunday, Oct 4	Choir Rehearsal	9:20 AM	Sanctuary
	Sunday Service	10:30 AM	Sanctuary
	Pagan Group Meeting	12:30 AM	Fuller
	Holy Family Inclusive Mass	4:00 PM	Sanctuary
	GSIA Fall Banquet	11:45 AM	Sanctuary
Tuesday, Oct 6	GSIA Fall Banquet	11:45 AM	Sanctuary
Thurs., Oct. 8	News Group	7:00 PM	Buchloh home
	Meditation	7:15 PM	Sanctuary
Friday, Oct 9	Game Night	6:00 PM	Sanctuary
Saturday, Oct 10	Autism Society Trivia Night	7:00 PM	Sanctuary
Sunday, Oct 11	Choir Rehearsal	9:20 AM	Sanctuary
	Sunday Service	10:30 AM	Sanctuary