



**Announcements for Sunday, January 28, 2018  
Abraham Lincoln Unitarian Universalist Congregation**



Next Sunday's service is "Compassionate Action for a Strange Age" by Rev. Valerie Mapstone Ackerman.

### **Happening Today**

**The Social Justice Committee is still collecting new winter hats, scarves, gloves & mittens** through January. All sizes needed. Unfortunately, it will get cold again. Please place in basket near the entry to the Sanctuary.

**A "make-up" Pathways 2 and 3 class** will be held today after the service in the Barton classroom. Anyone who has been to Pathways #1 in the past but could not attend classes 2 and 3 is invited to attend this class.

**Please remember to turn off all lights when you're the last one out.**

### **Coming Soon**

**Volunteers needed for the final two Winter Warming Center Dinners:** A heartfelt thank you to all who donated during the recent special collection to pay for the dinners served at the Helping Hands Winter Warming Center. Your donations made a significant difference, even so, we are still a little short of the funding needed for this year. Therefore, **the WWC will be the beneficiary of the February Change4Change.** Please be generous. We are also still seeking donations of lip balm, hand lotion, hand sanitizer, toothpaste, individual packets of Kleenex, durable socks, and other small personal items for the homeless citizens who utilize the Warming Center. If you can donate, please bring to the service, where there will be a small box in the hallway. Thank you in advance! We are also still welcoming new volunteers to serve food at the final two Winter Warming Center dinners. The dates are **Sunday, February 25, and Monday, March 26.** Let Michelle Green know if you wish to volunteer ([mgree1@uis.edu](mailto:mgree1@uis.edu)).

**Yoga Stretches and Discussions:** After an enthusiastic response to her December 31st presentation on the Spiritual Aspects of Yoga, Naomi Greene will offer a series of eight evening sessions on Kriya Yoga. These begin Wednesday, February 7, at 6:30 PM in the ALUUC Commons. From 6:30 to 7 PM will be for yoga stretches, and a discussion of philosophy will follow. Stretching participants will need a yoga mat (available at big box or sporting goods stores), and should expect to be barefoot for the exercise portion. Those who cannot get on the floor can do some chair stretches. As noted previously, Greene suggests participants make a donation to the ALUUC Benevolence Fund. Greene will also make available discounted copies of *The Science of Kriya Yoga*. Her sermon video is on the ALUUC You Tube link at <https://www.youtube.com/watch?v=OO3i3mUvUwM>. Anyone can participate, but if you did not sign up earlier, please drop a note to event coordinator Elaine Orr at [elaineorr55@yahoo.com](mailto:elaineorr55@yahoo.com). All are welcome. In the event of inclement weather, participants will be notified via text or email.

**The News Group** will meet Thursday, February 1, 2018 in a manner that differs from its usual format. We will gather at the new University of Illinois Springfield Student Union to attend a presentation by Dr. Jerry Kruse, Dean of the SIU School of Medicine. His presentation, entitled "The US Healthcare System(s): Time for International Comparative Policy Analysis" is being

sponsored by the World Affairs Council of Central Illinois. The presentation begins at 7:30 pm, and we will meet shortly before the event and attend together. Following the presentation, we will meet at the Union to discuss the presentation and other news items. The presentation is free and open to the public. The World Affairs Council has a dinner prior to the event. If you have questions contact Frank Kopecky 217/638-3913.

**Final day for Sign-up for "Spring" Covenant Groups:** We will be finalizing arrangements for covenant groups in the next two days. We anticipate three groups; each group will meet twice a month from early February through May. One will meet after Sunday service with the sermon as their topic. Days/times for the other two will depend on when people are available; both will focus on the Seven Principles. In September we will offer signups for new covenant groups. Today, as in the past three Sundays, there is a table in the foyer where you can sign up and ask any questions you may have about covenant groups at ALUUC.

**The Celebration of Life for Berkley Moore** will be held here on Saturday, February 10, at 2 PM.

**Midwest Leadership School:** July 15-21, 2018, Decorah, IA. MWLS is an immersive and rigorous week of learning in classroom and small-group settings designed for youth and young adults. The program blends the practical (leadership tools and best practices) with the spiritual (theological exploration and worship) and experiential (small-group challenges) in a safe, welcoming environment. Check with Rev. Woulfe or go to [www.mwls.org](http://www.mwls.org) for more details. See the poster on the UUA bulletin board.

### This Week at a Glance

| <u>DATE</u>      | <u>EVENT</u>                    | <u>Time</u> | <u>Room</u>       |
|------------------|---------------------------------|-------------|-------------------|
| Sunday, Jan 28   | Choir Rehearsal                 | 9:15 AM     | Fuller            |
|                  | Sunday Service                  | 10:30 AM    | Sanctuary         |
|                  | Fantasy Auction Meeting         | 12:00 PM    | Fuller            |
|                  | Pathways 2 & 3 Class            | 12:00 PM    | Barton            |
|                  | Fantasy Auction Meeting         | 12:00 PM    | Fuller            |
| Tuesday, Jan 30  | A Course in Miracles (Adult RE) | 6:00 PM     | Barton            |
| Wed., Jan 31     | IAG Cooking Class               | 10:00 AM    | Kitchen           |
| Thursday, Feb. 1 | Meditation Group                | 7:00 PM     | Sanctuary         |
|                  | *News Group                     | 7:30 PM     | UIS Student Union |
| Saturday, Feb 3  | Zen Meditation                  | 9:30 AM     | Sanctuary         |
| Sunday, Feb 4    | Choir Rehearsal                 | 9:15 AM     | Fuller            |
|                  | Sunday Service                  | 10:30 AM    | Sanctuary         |
|                  | Change for Change collection    | 10:30 AM    | Sanctuary         |

\*Off Site

### Happening Elsewhere

**Lincoln Library, UNCAGED VOICES: A Community Remembers, February 17 (THIRD SATURDAY) 6 to 7:30 PM.** Join us for a presentation of Chicago broadcaster Studs Terkel's 1970 interview with Maya Angelou. Discussion to follow. Refreshments will be served.