



**Announcements for Sunday, January 21, 2018
Abraham Lincoln Unitarian Universalist Congregation**



Next Sunday's service is "The Evolution of Humanism" by Rev. Martin Woulfe.

Happening Today

The Social Justice Committee is still collecting new winter hats, scarves, gloves & mittens through January. All sizes needed. Unfortunately, it will get cold again. Please place in basket near the entry to the Sanctuary.

Coming Soon

After an enthusiastic response to the December 31st talk on the Spiritual Aspects of Yoga, speaker Naomi Greene offered to do a weekly session on the topic for several weeks. The sessions would be a split between discussion and yoga exercise, on an evening to be determined. Greene suggests attendees could make a voluntary donation to the ALUUC Benevolence Fund, perhaps \$5 or \$10 per session. If you are interested, contact Elaine Orr.

Faith Coalition for the Common Good Voter Engagement Plan

The Faith Coalition for the Common Good is assembling a team of people from various organizations and backgrounds to create a coordinated and strategic plan for a POSITIVE impact on this year's elections by educating and engaging voters. The organizational meeting is on Monday, Jan 22 from 12:00 noon-1:30PM at Calvary Baptist Church, 2208 E. Kansas. Please join us and become active in the voting process and encourage others to do the same! Contact Meg Evans for more information.

HUMANIST GROUP: On January 22 at 7 PM, Sarah Iaiennaro and Anna Sabin will co-facilitate the ALUUC Humanist Group's discussion of *How Emotions Are Made: The Secret Life of the Brain*, by Lisa Feldman Barrett. "The author, who has appointments at Northeastern University, Harvard Medical School and Massachusetts General Hospital, contends that our emotions are not hard-wired in our brains and triggered by circumstances. Instead, they are flexible and vary from culture to culture. During the course of our lifetimes, our brains wire and rewire themselves in response to upbringing and individual experiences." ~ Kirkus Reviews. Questions? Contact humanistgroup@aluuc.org.

The ALUUC Book Group will meet on January 23 at 7 PM in the Channing Room. We will discuss *A Rule Against Murder* by Louise Penny. The February read will be *Henry and Clara* by Thomas Mallon. This historical novel recreates the tragic story of the young couple who were in the President's box on the night of Lincoln's assassination. Anyone interested is welcome to join us. Any questions, please email Penny Wollan-Kriel: bookgroup@aluuc.org.

January 27, 2pm, at ALUUC, *How to Die in Oregon*. This fascinating documentary film follows several terminally ill people who take advantage of Oregon's medical aid-in-dying law and the 2008 campaign to establish this fundamental human right in the state of Washington. Sponsored by Final Options Illinois.

The News Group will meet Thursday, February 1, 2018 in a manner that differs from its usual format. We will gather at the new University of Illinois Springfield Student Union to attend a presentation by Dr. Jerry Kruse, Dean of the SIU School of Medicine. His presentation, entitled "The US Healthcare System(s): Time for International Comparative Policy Analysis" is being sponsored by the World Affairs Council of Central Illinois. The presentation begins at 7:30 pm, and we will meet shortly before the event and attend together. Following the presentation, we will meet at the Union to discuss the presentation and other news items. The presentation is free and open to the public. The World Affairs Council has a dinner prior to the event. If you have questions contact Frank Kopecky 217/638-3913.

This Week at a Glance

<u>DATE</u>	<u>EVENT</u>	<u>Time</u>	<u>Room</u>
Sunday, Jan. 21	Sunday Service	10:30 AM	Sanctuary
	Pathways to Membership class	12:00 PM	Commons
	RE Committee Meeting	12:00 PM	Fuller
	Social Justice Committee Mtg.	12:00 PM	Barton
Monday, Jan 22	Pathways to Membership class	6:00 PM	Fuller
	Humanist Group	7:00 PM	Sanctuary
Tuesday, Jan 23	A Course in Miracles (Adult RE)	6:00 PM	Barton
	Book Group	7:00 PM	Channing
Thursday, Jan 25	Membership Committee Mtg.	6:00 PM	Fuller
	Meditation Group	7:00 PM	Sanctuary
Saturday, Jan 27	Zen Meditation	9:30 AM	Sanctuary
	Movie: How to Die in Oregon	2:00 PM	Sanctuary
Sunday, Jan 28	Choir Rehearsal	9:15 AM	Fuller
	Sunday Service	10:30 AM	Sanctuary

Happening Elsewhere

Springfield Lincoln Public Library: Veteran Shares His Story this January. Join us for a conversation with Tim Keenan on January 21 at 2 p.m. in the Carnegie Room. He is a Vietnam veteran who suffered from PTSD. He conquered his diagnosis by hiking the Appalachian Mountains and then writing a book about it. He conquered his memories by returning to Vietnam to honor his friends and forgive his enemies. The trip was documented in a short film called, "Naneek," which will also be shown. This presentation is cosponsored by the Illinois State Military Museum, and includes some Vietnam-era military artifacts and uniforms. Please join us, and invite a veteran.

Springfield Lincoln Library: Join us for SAME-FEST on January 27th at Lincoln Library from 11 a.m. to 4 p.m. It stands for Springfield Area Many Ethnicities Intercultural Festival. Intercultural means that there is an exchange of ideas, languages and cultural norms, as well as deep respect between cultures because everyone learns from one another and grows together. This year the theme is Rhythm and Dance 2018! Musical and dance performances include the Tribal Belly Dance Troupe, the Springfield International Folk Dancers, and traditional performances from around the world. Workshops include one on genealogy resources with the manager of the Sangamon Valley Collection and a language lounge hosted by The Speakeasy Language School of Springfield. Look for a full lineup on the library's website and Facebook page.