



**Announcements for Sunday, February 4, 2018
Abraham Lincoln Unitarian Universalist Congregation**



Next Sunday's service is "ALUUC 65th: A Celebration of Liberal Religion on the Prairie"
by Rev. Martin Woulfe.

Happening Today

Volunteers needed for the final two Winter Warming Center Dinners: A heartfelt thank you to all who donated during the recent special collection to pay for the dinners served at the Helping Hands Winter Warming Center. Your donations made a significant difference, even so, we are still a little short of the funding needed for this year. Therefore, **the WWC will be the beneficiary of the February Change4Change.** Please be generous. We are also still seeking donations of lip balm, hand lotion, hand sanitizer, toothpaste, individual packets of Kleenex, durable socks, and other small personal items for the homeless citizens who utilize the Warming Center. If you can donate, please bring to the service, where there will be a small box in the hallway. Thank you in advance! We are also still welcoming new volunteers to serve food at the final two Winter Warming Center dinners. The dates are **Sunday, February 25, and Monday, March 26.** Let Michelle Green know if you wish to volunteer (mgree1@uis.edu).

Please remember to turn off all lights when you're the last one out.

Coming Soon

2018 Spring Covenant Groups Start This Week

We are excited that we had enough participants sign up to offer four covenant groups. If you signed up to participate in covenant groups, you should have received a message to let you know the days and times your group will be meeting. If you have not received a message, please contact Stu Jacobson. In September we will offer signups for new covenant groups.

The Greater Springfield Interfaith Association (GSIA) will meet **Tuesday, Feb 6** at the SIU School of Medicine Pearson Museum, 801 N. Rutledge, to hear medical students describe their community involvement projects. If you are interested, please contact Rev. Woulfe. The meeting begins at 11:45 AM and you should bring your own lunch.

Yoga Stretches and Discussions: After an enthusiastic response to her December 31st presentation on the Spiritual Aspects of Yoga, Naomi Greene will offer a series of eight evening sessions on Kriya Yoga. These begin Wednesday, February 7, at 6:30 PM in the ALUUC Commons. From 6:30 to 7 PM will be for yoga stretches, and a discussion of philosophy will follow. Stretching participants will need a yoga mat (available at big box or sporting goods stores), and should expect to be barefoot for the exercise portion. Those who cannot get on the floor can do some chair stretches. As noted previously, Greene suggests participants make a donation to the ALUUC Benevolence Fund. Greene will also make available discounted copies of *The Science of Kriya Yoga*. Her sermon video is on the ALUUC You Tube link at

<https://www.youtube.com/watch?v=OO3i3mUvUwM>. Anyone can participate, but if you did not sign up earlier, please drop a note to event coordinator Elaine Orr at elaineorr55@yahoo.com. All are welcome. In the event of inclement weather, participants will be notified via text or email.

The Celebration of Life for Berkley Moore will be held here on Saturday, February 10, at 2 PM.

There will be signup sheets for Circle Suppers coming soon in March. Please watch and signup to share a meal with members and friends in the comfort of someone's home.

Midwest Leadership School: July 15-21, 2018, Decorah, IA. MWLS is an immersive and rigorous week of learning in classroom and small-group settings designed for youth and young adults. The program blends the practical (leadership tools and best practices) with the spiritual (theological exploration and worship) and experiential (small-group challenges) in a safe, welcoming environment. Check with Rev. Woulfe or go to www.mwls.org for more details. See the poster on the UUA bulletin board.

This Week at a Glance

<u>DATE</u>	<u>EVENT</u>	<u>Time</u>	<u>Room</u>
Sunday, Feb 4	Choir Rehearsal	9:15 AM	Fuller
	Sunday Service	10:30 AM	Sanctuary
	Change for Change collection	10:30 AM	Sanctuary
	Covenant Group (Sunday)	12:00 PM	Alcott
Monday, Feb. 5	Covenant Group (Monday)	7:00 PM	Channing
Tuesday, Feb. 6	*GSIA	11:45 AM	Pearson Museum
	Covenant Group (Tuesday)	7:00 PM	Channing
	A Course in Miracles (Adult RE)	6:00 PM	Barton
Wed., Feb. 7	IAG Cooking Class	10:00 AM	Kitchen
	Yoga Class	6:30 PM	Commons
	*Men's Group	6:30 PM	TBA
Thursday, Feb. 8	Meditation Group	7:00 PM	Sanctuary
	Covenant Group (Thursday)	7:00 PM	Channing
Friday, Feb. 9	Mexican Train Tournament	6:00 PM	Commons
Saturday, Feb 10	Zen Meditation	9:30 AM	Sanctuary
	Rev. Berkley Moore Service	2:00 PM	Sanctuary
Sunday, Feb. 11	Choir Rehearsal	9:15 AM	Fuller
	Sunday Service	10:30 AM	Sanctuary

*Off Site

Happening Elsewhere

Lincoln Library, UNCAGED VOICES: A Community Remembers, February 17 (THIRD SATURDAY) 6 to 7:30 PM. Join us for a presentation of Chicago broadcaster Studs Terkel's 1970 interview with Maya Angelou. Discussion to follow. Refreshments will be served.